

SKSS ARTS COLLEGE, TIRUPPANANDAL – 612 504

STAFF BIO-DATA

Name : Dr. S. RAMESHKANNAN
Designation: DIRECTOR OF PHYSICAL EDUCATION
Gender : MALE
D.O.B : 05 / 06 /1987
Address : 2/118, Main Road
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Thiruthuraipoondi (Tk)- 614703
Thiruvarur District



Educational Qualification:

Degree	University / College	Year of Pass	Special Subjects	Grade / Per cent
PG (M.P.Ed)	Annamalai University, Annamalainagar	2012	Physical Education	7.50 OGPA (out of 10)
Ph.D	Annamalai University, Annamalainagar	2016	Physical Education	
SET-2012	Govt. of Tamil Nadu Conducted by Bharathiar University	3 rd June 2013	Physical Education	Qualified
NET	University Grants Commission (National Educational Testing Bureau)	21 st April, 2014	Physical Education	Qualified
NET	University Grants Commission (National Educational Testing Bureau)	10 th NOV, 2014	Physical Education	Qualified

Teaching Experience

Institution/ Designation	From	To
SKSS ARTS COLLEGE / DIRECTOR OF PHYSICAL EDUCATION	04 /07 /2016	Till Date

Publication (Enclose details like Title, Publisher, Place, Year/Month, etc)

Books:

Articles:

1. Effect of intensive sports specific endurance circuit training on selected motor fitness components of male handball players during Preparatory Phase. Asian Journal of Applied Research (AJAR). Volume: 01 Issue: 07, 2015 (ISSN 2395-1702).
2. Effect of intensive sports specific endurance circuit training on explosive power and peak anaerobic power of male handball players. Asian Journal of Multidisciplinary Research (AJMR). Volume: 01 Issue: 07, pp - 01-05, 2015. (ISSN 2395-1710)
3. Effect of plyometric training on agility performance of male handball players. International Journal of Physical Education, Fitness and Sports, Volume: 3 Issue: 4 PP: 72-76
4. Comparison of abdominal strength endurance between handball and volleyball players. International Journal for Life Sciences and Educational Research Vol. 2(4), pp. 126 – 127. (ISSN 2321-1180)
5. Relationship between Core Strength and Explosive Power on University Male Handball players. International journal of Current Advanced Research, Vol .2 Issue, 1, pp. 55-56, 2013, (ISSN 2319 -6475)
6. Analysis of Selected Hand Anthropometric Measurements among South west zone Inter University Male handball Players. International Journal of Physical Education, Fitness and Sports, Dec 2013, 2(4): 12-16.

Other Academics (Specify and detail)

Course	Institution	Year of passing	Percentage
Diploma in Sports Coaching in Handball	Sports Authority of India, Netaji Subhas National Institute of Sports. Patiala, Punjab. India	2010	63.54
PG Diploma in Yoga	Annamalai University, Annamalainagar	2012	70.75