

CURRICULUM VITAE

Dr. S. RAMESH KANNAN
Director of Physical Education,
S.K.S.S. Arts College,
Thiruppanandal,
Thiruvudaimarudur Taluk
Thanjavur District
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Career Objective:

Seeking a Position to utilize my skills and ability in the organization that offers professional growth while being resourceful, innovatively and flexible.

Educational Qualification:

Course	Institution	Year of passing	Percentage
Ph.D in Physical Education	Annamalai University, Annamalainagar	Thesis submitted on 05.11.2015	Ph.D. viva voce on 12.09.2016
State Eligibility Test for Lectureship (SET-2012)	Govt. of Tamil Nadu Conducted by Bharathiar University	3 rd June 2013	Qualified
National Eligibility Test for Assistant Professor (NET)	University Grants Commission (National Educational Testing Bureau)	December 2013	Qualified
National Eligibility Test for Assistant Professor (NET)	University Grants Commission (National Educational Testing Bureau)	June, 2014	Qualified
Master of Physical Education (M.P.Ed)	Annamalai University, Annamalainagar	2012	7.50 OGPA (out of 10)
Bachelor of Physical Education (B.P.Ed)	Annamalai University, Annamalainagar	2009	68.07
B.Sc., Physical Education	AVVMSP College of Poondi	2007	65.48
Diploma in Sports Coaching in Handball	Sports Authority of India, Netaji Subhas National Institute of Sports. Patiala, Punjab. India	2010	63.54
PG Diploma in Yoga	Annamalai University, Annamalainagar	2012	70.75

Personal Information's

Name : **S. RAMESH KANNAN**
Father's Name : M.SUBRAMANIAN
Date of Birth : 05.06.1987
Nationality : Indian
Religion : Hindu
Marital Status : Married
Mother's Tongue : Tamil
Languages Known : Tamil & English
Address : S/o. M. Subramanian, M.A., B.Ed.,
2/118, Main Road
Nedumbalam Post
Thiruthuraipoondi Taluk
Thiruvarur District
Pin: 614 703
Cell No. : 9751907535
E-mail : ramesh88@gmail.com

Sports Achievements:

- ❖ Participated in the South West Zone Inter University Handball Tournament organized by Periyar University Salem 2007.
- ❖ Participated in the South West Zone Inter University Handball Tournament organized by Shivaji University Kalhapur November 2008-2009.
- ❖ Participated in the South West Zone Inter University Handball Tournament organized by SRTM University Nanded 2010-2011.
- ❖ Participated in the South Zone Inter University Handball Tournament organized by Kakatiya University Warangal 2011-2012.
- ❖ Participated in the South Zone Inter University Handball Tournament organized by Periyar University Salem 2012-2013.
- ❖ Participated in the South Zone Inter University Handball Tournament organized by Bharathidasan University 2013-2014.
- ❖ Participated in the South Zone Inter University Handball Tournament organized by Periyar University 2014-2015.

- ❖ Winners in Tamilnadu and Pondicherry state level Handball inter physical education tournament, organized by Department of Physical Education and Sports Sciences, Annamalai University for the year 2009.
- ❖ Participated and emerged winners in Tamilnadu and Pondicherry state level Handball inter physical education tournament, organized by YMCA College of Physical Education, Nandanam, Chennai for the year 2014.
- ❖ Winner in the Inter collegiate handball tournament organized by Bharathidasan University in the year 2005 – 2006.
- ❖ Winner in the Inter collegiate handball tournament organized by Bharathidasan University in the year 2006 – 2007.

Administrative Activities:

1. Serving as a Member of Anti Ragging Committee from 01.08.2016 to till date.
2. Serving as a Member of Students Discipline Committee from 01.08.2016 to till date.
3. Serving as a co-ordinator of Sports Committee from 01.08.2016 to till date.
4. Serving as a NAAC Accreditation - IQAC team Member from 01.08.2016 to till date.
5. Serving as a Nodal officer of Student Scholarship Section from 01.08.2016 to till date.
6. Serving as a NCC Caretaker officer (CTO) from 05.09.2022 to till date.

Examination Duties:

1. Served as a Additional Chief Superintendent November 2016 University Examinations.
2. Served as a Additional Chief Superintendent November 2017 University Examinations.
3. Served as a Additional Chief Superintendent November 2020 University Examinations.
4. Served as a Additional Chief Superintendent April 2020 University Examinations.
5. Served as a April 2021 University Examinations Co-ordinator.
6. Served as a November 2021 University Examinations Nodal officer.
7. Served as a Additional Chief Superintendent April 2022 University Examinations.

Ph.D Research:

Title: “Impact of Sports Specific Endurance Circuit Training on Physiological Parameters of Handball Players”.

M.P.ED Research:

Title: “Relationship between Core Strength and Explosive Power on University Male Handball players”.

List Of Publications:

1. **S. RameshKannan**, Dr. B. Chittibabu, Dr. P.C. Tripathy, M.D. (2015). Effect of Intensive Sports Specific Endurance Circuit Training on Selected Motor Fitness Components of Male Handball Players During Preparatory Phase. Asian Journal of Applied Research (AJAR). E-ISSN: 2395-1702 P-ISSN: 2395-0382 Volume: 01 Issue: 07, pp - 01-05.
2. **S. RameshKannan**, Dr. B. Chittibabu, Dr. P.C. Tripathy, M.D, (2015). Effect of Intensive Sports Specific Endurance Circuit Training on Explosive Power And Peak Anaerobic Power of Male Handball Players. Asian Journal of Multidisciplinary Research (AJMR). E-ISSN: 2395-1710 P-ISSN: 2395-1729. Volume: 01 Issue: 07, pp - 01-05.
3. **S. RameshKannan**, Dr. B. Chittibabu, (2014). Effect of Plyometric Training on Agility Performance of Male Handball Players. International Journal of Physical Education, Fitness and Sports. ISSN: 2277-5447. Volume: 3 Issue: 4 PP: 72-76
4. **S. RameshKannan**, Dr. B. Chittibabu, (2014). Comparison of Abdominal Strength Endurance Between Handball And Volleyball Players. International Journal for Life Sciences and Educational Research. E-ISSN: 2321-1229: P-ISSN: 2321-1180. Vol. 2(4), pp. 126 – 127.
5. Dr. B. Chittibabu, **Rameshkannan. S**, Jayakumar,C.(2013). Relationship between Core Strength and Explosive Power on University Male Handball players. International journal of Current Advanced Research,ISSN: 2319-6475. Vol .2 Issue, 1, pp. 55-56
6. C. Jayakumar,**S. RameshKannan**, Dr. B. Chittibabu. (2013). Analysis of Selected Hand Anthropometric Measurements among South west zone Inter University Male handball Players. International Journal of Physical Education, Fitness and Sports, ISSN: 2277-5447. Dec 2013, 2(4): 12-16.
7. Dr.**S.RameshKannan**, Parthipan.S. (2022). Position–Wise Analysis of Selected Kinanthropometric and Physical Parameters among Handball Players. Published in Madhya Bharti: ISSN 0974- 0066 with IF=6.28 Vol.82, 15 July- December: 2022 UGC Care Approved, Group I, Peer Reviewed, Bilingual, Biannual, and Multi-disciplinary Referred Journal.

Refresher & orientation course:

1. **Grade – A** in the Coach Education Programme (CEP) – Examination in Handball held online in June 2020, by national testing agency, based on CEP held during April – May, 2020 by Sports Authority of India.
2. I successfully completed 4 weeks induction/orientation programme under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission on Teachers and Teaching organized by Teaching Learning Centre, Ramanujan College University of Delhi from June 4 - July 01, 2020 and obtained **Grade A**.
3. I Participated in the UGC sponsored online Refresher Course in Physical Education from 24.11.2020 to 07.12.2020, organized by UGC, Human Resource Development Centre. University of Mysore.
4. I successfully completed online two-week interdisciplinary refresher course in “Revitalizing Lifestyle through Yoga Practice “under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi.in collaboration With Department Of Physical Education And Sports Sciences from 04 – 18 October, 2021 and obtained **Grade A**.
5. I successfully completed online two-week interdisciplinary refresher course in “Advanced Research Methodology” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre, Ramanujan College University of Delhi in collaboration With Academia International College,Nepal. From 22 January to 05 February 2022 and obtained **Grade A⁺**.
6. I Participated in the UGC sponsored online Refresher Course in Educational Reforms & Innovative Pedagogies (Multidisciplinary) from 02.02.2022 to 15.02.2022 and obtained **Grade A** Organized by UGC, Human Resource Development Centre. Bharathidasan University.
7. I successfully completed online two-week interdisciplinary refresher course (interdisciplinary& Bilingual) in “ Vigorate your Day to Day Life with Yogic Practice” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi.in collaboration With Department of Physical Education And Sports Sciences from 01-15 March 2022 and obtained **Grade A⁺**.

8. I successfully completed online two-week interdisciplinary refresher course in “Advanced Research Methodology” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi. from 23 February- 09 March 2022 and obtained **Grade A⁺**.
9. I participated in the UGC- Sponsored Online Short term Course in E- Content Development From 07.12.2022 to 13.12.2022 organized by UGC HRDC Bharathidasan University
10. I Successfully Completing the NPTEL online 8weeks Swayam Course (Feb-April 2023) on “Yoga and Positive Psychology for Managing Career and Life”

Faculty development programme:

1. I successfully completed 1week Faculty development programme on “E- Content Development: Concepts and Tools” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission on Teachers and Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi from 19 – 25 December, 2022 and obtained **Grade A⁺**
2. I successfully completed 2 weeks Faculty Development Programme on “Managing Online Classes” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi from May 18 – June 03, 2020 and obtained **Grade A⁺**
3. I successfully completed 1week programme on “Academic Research Writing” under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission on Teachers and Teaching organized by Teaching Learning Centre, Ramanujan College. University of Delhi from 13 – 19 November, 2021 and obtained **Grade A.**
4. I successfully completed 2 weeks programme on “Advanced Concepts For Developing MOOCS “under the aegis of Ministry Of Education Pandit madan Mohan Malaviya National Mission On Teachers And Teaching organized by Teaching Learning Centre. Ramanujan College. University of Delhi from July 02 - July 17, 2020 and obtained **Grade A⁺**.

Seminar & webinar:

1. Participated in the national conference on physical education and sports an Inter-disciplinary approach organized by department of physical education, H.H. the rajas college [autonomous], Pudukkottai on 23th February 2013.
2. Participated and presented a paper on comparision of agility among handball “ players of different playing position in the UGC –SAP-DRS-11 sponsored national seminar, organized by the department of physical education and sports sciences, Annamalai university, annamalainagar on 28th and 29march 2016.
3. Participated as a delegate in the one day UGC sponsored national workshop on sports biomechanics organized by the Department of physical education, Bharathidasan University, thiruchirapalli on 19th December-2016.
4. Participated in the one day seminar on “NAAC- overview and functioning of IQAC” at A.D.M. college for women (autonomous), nagapattinam, on 15th February 2020 under the UGC PARAMARSH scheme.
5. Participated in the one day seminar on “teaching, learning and evaluation strategies: Towards better NAAC grading at TBML college, porayar on 29th February 2020 under the UGC PARAMARSH scheme.
6. Participated in the one day seminar on research, innovations and Extension and student support and progression at Thiru.vi.ka govt Arts College, thiruvarur on 9th march 2020 under the UGC PARAMARSH scheme.
7. Participated in the one day seminar on revised Accreditation process of NAAC and sevan criteria and their weight ages at S.K.S.S Arts College, Thiruppanandal on 14th march 2020 under the UGC PARAMARSH Scheme.
8. I successfully completed and qualified the Exam of three days online Research methodology workshop from 12 april, 2020 to 14 april2020 organized by REST society for Research International [RSRI], krishnagiri, Tamilnadu.
9. I successfully completed and qualified the Exam of three days online Research methodology workshop from 18.4.20, to 20.4.2020 organized by REST society for Research International [RSRI], krishnagiri, Tamilnadu.
10. Participated in the online national workshop on “fine tuning Research planning using Elsevier tools: science direct, scopus and mendelay” organized by K.J.somaiya college of science and commerce on 25thapril 2020.

11. Participated in the “online workshop on Data Analysis using SPSS” held during 27 April 2020 to 1 May 2020 organized by Institute of management technology (IMT) Hyderabad.
12. Participated in the “online workshop on structural equation modeling” held during May 4 and 5, 2020 organized by Institute of management technology (IMT) Hyderabad.
13. Participated in the two days online faculty Development programme (FDP) ON “Project Proposals for funding agencies (UGC stride and ICSSR IMPRESS): preparation and submission protocol” organized by patrician college research committees on 16.05.2020 and 17.05.2020.
14. Participated in the one day national level webinar on “New Approaches in sports training methods” organized by department of physical education sri Ramakrishna mission vidyalaya college, of arts and science, on 20 May, 2020.
15. Participated in the one day national level webinar on “rules and interpretation of “track events” organized by the Department of physical education kongu arts and Science College on 11 May” 2020.
16. Participated in the webinar on “secrets to get unshakable confidence” organized by department of physical education, easwari engineering college, Chennai on 16 May 2020.
17. I attended the national webinar series on “Intellectual curiosity of learning and research” organized by A.D.M college for women Nagappatinam as a part of UGC PARAMARSH scheme on 25th July 2020.
18. Participated three days faculty develop programme on “sports training” organized by the Department of physical education and sports Dr.M.G.R. Educational and Research Institute deemed to be university from 5th August to 7th August 2020.
19. Participated in the national seminar on Yoga and Holistic Health organized by the department of physical education A.V.V.M Sri Pushpam College, Poondi on 10.12.2005.
20. Participated in the UGC- INFLIBNET sponsored user awareness programme on SHODHGANGA: A Respository of Indian thesis and dissertations conducted by the Department of Library and information Science at Dr.sir C.P Ramaswami Aiyar Library Annamalai University. On 04.02.2015.
21. Participated in the two days Workshop entitled SMARTY (Yoga for self esteem, memory development, Assertiveness in Communication Rapid Reading, Thoughtful thesis Writing) conducted by the Centre for yoga studies Annamalai University. On 16th 17th February 2015

22. Participated in the one day seminar on NAAC Criteria 6 and 7 organized by A.D.M College for women Nagappatinam. Under the UGC PARAMARSH scheme held on 25th January 2021.
23. Participated in the one day seminar on NAAC accreditation Process: from Application to Assessment at Dharmapuram Adhinam arts College Mayiladuthurai 22nd February 2021 under the UGC PARAMARSH scheme.
24. Participated in the UGC- Sponsored Webinar on Internationalization of Higher Education on 28.06.2022 organized by UGC HRDC Bharathidasan University.
25. Participated in the UGC- Sponsored Webinar on Academic & Research Integrity on 29.06.2022 organized by UGC HRDC Bharathidasan University.
26. Participated in the UGC- Sponsored Webinar on National Skills Qualification Framework on 30.06.2022 organized by UGC HRDC Bharathidasan University.
27. Participated in the UGC- Sponsored Webinar on NEP 2020: Global outreach of Higher Education held on 26.07.2022 organized by UGC HRDC Pondicherry University.
28. Participated in the UGC- Sponsored Webinar on NEP 2020: Promotion of Indian Knowledge System held on 27.07.2022 organized by UGC HRDC Pondicherry University.

External Examination & Evaluation Duties.

1. Acted as an External examiner for B.Sc Chemistry Students yoga practical Examination at D.G Govt Arts College Women Mayiladuthurai on 05.10.2018.
2. Acted as an External examiner for B.Sc practical Examination (yoga) at Bharathidasan University modal College, Aranthangi on 10.10.2019.
3. Acted as an External examiner for B.Sc practical Examination (yoga) at Thiru. Vi. Ka govt. Arts College, Thiruvarur on 11.10.2019.
4. Acted as an External examiner for practical Examination (yoga) at M.R.Govt Arts College, Mannargudi From 05.11.2019 to 06.11.2019.
5. Acted as an External examiner for BA History Students yoga practical Examination at D.G Govt Arts College Women Mayiladuthurai from 21.10.2021 to 22.10.2021.
6. Acted as an External examiner for B.Com Students (Asanas and Pranayamas – 16RSBE11:3) yoga practical Examination at Govt. arts and Science College, Manalmedu held on 18.10.2022.

7. Acted as an External examiner for B.Sc Maths Students (Asanas and Pranayamas – 16RSBE11:3) yoga practical Examination at Govt. arts and Science College, Manalmedu held on 19.10.2022.
8. Acted as an External examiner for B.Sc Computer Science Students (Asanas and Pranayamas – 16RSBE11:3) yoga practical Examination at Govt. arts and Science College, Manalmedu held on 20.10.2022.
9. Acted as an External examiner for B.Sc Physics Students (Asanas and Pranayamas – 16RSBE11:3) yoga practical Examination at Govt. arts and Science College, Manalmedu held on 20.10.2022.

Committee Member and Team Coach of the Bharathidasan University

1. I served as a selection Committee Member and Team Coach of the Bharathidasan University in the south zone inter university Handball (Women) Tournament held at kakkatiya University, Warangal. From 08-12-2017 to 11- 12 -2017.
2. I served as a selection Committee Member and Team Manager of the bharathidasan University in the south zone inter university Handball (Men) Tournament held at Bengaluru North University, Tamaka ,Kolar. From 21- 12-2019 to 24-12-2019.
3. I served as a selection Committee Member and Team Coach of the Bharathidasan University in the South Zone Inter University Handball (Men) Tournament held at University of Calicut, Calicut. From 18-03-2022 to 22.03.2022.
4. I served as a selection Committee Member and Team Coach of the Bharathidasan University in the All India Inter University Handball (Men) Tournament held at University of Calicut, Calicut. From 25-03-2022 to 29.03.2022.
5. I served as a selection Committee Member and Team Coach of the Bharathidasan University in the South Zone Inter University Handball (Men) Tournament held at Periyar University, Salem. From 04.02.2023 to 08.02.2023.
6. I served as a selection Committee Member and Team Coach of the Bharathidasan University in the All India Inter University Handball (Men) Tournament held at Kurukshetra University, Kurukshetra. From 16.03.2023 to 20.03.2023.
7. I conducted the Bharathidasan University Men Handball team coaching camp from 27.01.2023 to 03.02.2023 at SKSS Arts College Thiruppanandal. (For South Zone Inter University Handball (Men) Tournament held at Periyar University, Salem. From 04.02.2023 to 08.02.2023)

8. I conducted the Bharathidasan University Men Handball team coaching camp from 06.03.2023 to 12.03.2023 at SKSS Arts College Thiruppanandal. (For All India Inter University Handball (Men) Tournament held at Kurukshetra University, Kurukshetra. From 16.03.2023 to 20.03.2023.)
9. I acted as a Organizing Committee member for South Zone inter University Women Handball Tournament From 27.02.2022 to 02.03.2022 Organized by Bharathidasan university

Declaration

I hereby declared that the above mentioned information are true to the best of my knowledge and belief.

Date: 06.06.2023

Place: Thiruppanandal.

(S. RAMESH KANNAN)